

Tooth whitening

Whitening and brightening your smile is a lot easier than you may have thought.

It doesn't take a lot of time or money.

There's no discomfort.

The procedures we use at Smile can't damage your teeth.

And the results are excellent and long-lasting.

Smile offers two options for whitening your smile ...

Home whitening

Smile Dental's home whitening program enables you to whiten your smile yourself, in your own time and place. Your Smile home whitening kit includes tooth whitening solution and custom-made plastic trays that perfectly fit your upper and lower teeth.

An impression is taken of your bite. From this, your whitening trays are fabricated. You simply place a small amount of the whitening solution in each of the trays and fit them to your upper and lower teeth. The solution gently whitens the enamel surface of your teeth.

You can easily apply the trays and solution yourself for an hour daily over 12 to 14 days, or as advised by your dentist. You can then do a touch-up procedure, under the supervision of your dentist, every one to three years, as required.

This whitening procedure is widely practised and does not harm your teeth.

Zoom chairside whitening

The Zoom tooth whitening system offers all the benefits of conventional tooth whitening-but without the fuss and without the wait.

The procedure is performed by your dentist, using a tooth whitening agent and a special activating light. It takes just a little of over an hour, and there's no discomfort. The results are instantaneous, long-lasting and very impressive.

It's a whiter smile, without the wait!

See also ...

- Tooth lightening
- Caring for your new smile
- Zoom recommendations